



February 8, 2023



# WESTBORO ELEMENTARY

Weekly Newsletter

## IMPORTANT UPCOMING DATES

**February 9 and 10:** Teacher's Convention -No school for students

**February 14:** Elk Island Logos Society Meeting 7:00 - 8:30 p.m.

## FEBRUARY HOT LUNCH

**The deadline to order hot lunch is this Friday, February 10, 2023!**

We are excited to offer Purple Perogy on **Friday, February 24!!** **No late orders will be accepted.**

When entering your hot lunch orders, enter ALL your children's orders for ALL of the lunch order dates. Once you have entered ALL the hot lunch orders for ALL of your children then make ONE payment.

We will only be accepting e-transfer to the following email address: [westboropg2022@gmail.com](mailto:westboropg2022@gmail.com)

**When submitting your payment, you will need to generate a question with an answer in order for us to accept your payment.**

**PLEASE USE THE FOLLOWING QUESTION AND ANSWER FOR ALL E-TRANSFERS...**

**WHO IS OUR SCHOOL MASCOT? ANSWER - Webster**

Please document the student(s) name in your etransfer (example - memo line, notes, etc...). Please ensure you submit your payment by the closing date for that month's ordering so that lunch orders can be processed on time. If not received, the orders will be deleted.

**All unpaid orders will be cancelled!!!**

Don't forget to select..."able to assist as a volunteer on this hot lunch day" if you are interested in volunteering. Volunteers will receive a \$1.00 credit towards future Hot Lunch purchases. Thank you for your support!!!

Please go to <http://westboro.hotlunches.net> to place your orders. If you have any questions email us at [westborohotlunch@gmail.com](mailto:westborohotlunch@gmail.com). Or contact Allison Usher at (780)907-1130.

# CHALLENGER PROGRAM - ADAPTIVE BASEBALL

Challenger Baseball is an adaptive baseball program designed specifically to empower children and youth living with cognitive and/or physical disabilities. The program is designed to teach these children and youth the core life-skills inherent to baseball, including: teamwork, communication, determination, resiliency, inclusion, support and courage. This unique partnership between Baseball Canada, Little League Canada and Jays Care Foundation and now SPMBA, is creating opportunities for more children to be a part of a team.

With the help of "Buddies" who are assigned on a one for one basis for each participant, Games are played in a safe environment where the focus is on having fun instead of keeping score. The program is offered for kids aged 5-18.

The program is open to children from Sherwood Park, Ardrossan, Strathcona County and also surrounding towns/cities as well. We do not want to turn any children away. Please pass the information on to anyone you think would be interested in this program.

We encourage everyone who as a child with cognitive and/or physical disabilities to come out and see what the program is about before deciding if the program is for them or not.

Challenger Program runs **Monday nights the first week of May to the last week of June from 6 p.m-8 p.m.** The location is Centennial Park #5. [Register here.](#)

# AMH CAREGIVER EDUCATION FEBRUARY 2023 NEWSLETTER

AMH Education Services, Edmonton Zone, is proud to offer free addiction and mental health virtual programming for parents and caregivers of children and youth, as well as sessions for all adults.

If you want to learn more about how to support a child or youth, or if you want additional strategies for supporting your own wellness, you are welcome to register for these sessions.

- **Caregiver Education Sessions**

These online sessions are intended to provide parents, caregivers, teachers, and community members with introductory information regarding mental health challenges that can affect children and youth. Upcoming sessions topics include parenting strategies that promote positive mental health, technology and the teenage brain, and understanding self-injury.

- **Adult Education Sessions (New!)**

In January, we are offering the final session of our series about understanding anxiety - overcoming avoidance, as well as resiliency through caring, connecting, and coping. These sessions are for any adult wanting to support their own wellness, or the wellness of someone they live or work with.

To register for a session, visit: <https://www.cyfcaregivereducation.ca/virtual-education>

Visit our website for tip sheets, videos, and more! [www.cyfcaregivereducation.ca](http://www.cyfcaregivereducation.ca)

# LABELING STUDENT'S BELONGINGS

Please take the time to label your students belongings including gloves, toques, snow pants, and especially winter boots. Most winter boots are black and so it can be easy for a student to mistaken someone else's boots for their own. Thank you in advance.

# WESTBORO SCHOOL FEE PARENT SURVEY 2023/24

We are seeking your input into our school fees for next year. Please click on the link below to participate in the survey. [Please fill out the survey here.](#)

# LOGOS RETURNING STUDENT AND KINDERGARTEN REGISTRATION

As you're aware, the Elk Island Public Schools (EIPS) [returning student registration](#) and [kindergarten registration processes](#) for the 2023-24 school year opened on **Feb. 1, 2023**.

If you'd like your child to continue in the Logos Program next year—or if you have a new student starting school next year who you'd like to register in the Logos Program—be sure to select the Logos school you'd like them to attend when you complete the applicable new or returning student registration form.

It's important the Division has the best sense of expected numbers for the coming year so the Board can make an informed decision about the future of the Logos program based on these numbers. As such, it's important for families to choose the Logos Program during the applicable registration process—if that's your first choice—rather than picking a different school or program because you're unsure what will happen.

If Logos Program registrations increase significantly, administration will recommend the Board keep the elementary program unchanged at both Brentwood Elementary and Westboro Elementary. If registrations stay relatively flat, administration will recommend the Board consolidate the elementary program at Brentwood Elementary, starting in 2023-24. **If this happens, you'll have an opportunity to confirm or change the school and program you want your child to attend for the upcoming school year.**

To provide administration and the Board with the best information possible:

- It's important all current Logos families complete their Returning Student Registration forms by **Feb. 28, 2023**.
- If you have new students starting school next year and wish to register them in the Logos Program—or if you know other new families in the community interested in the Logos Program—the Division recommends completing the applicable New Student Registration form by **Feb. 28, 2023**, as well. This will ensure the number of new registrations received by that time can also be considered as part of the Board's decision in March.

More information is available in the [Logos Christian Program Frequently Asked Questions](#). If you have any questions about new or returning student registration, contact your child's school directly.

Sincerely,  
Elk Island Public Schools

# FIRST NATIONS, MÉTIS AND INUIT FAMILY GATHERINGS

The First Nations, Métis and Inuit education team has planned a series of in-person gatherings for families of self-identified First Nations, Métis and Inuit students who are curious to learn more about the supports offered throughout EIPS. It's an opportunity for First Nations, Métis and Inuit families to gather together and engage in conversation in partnership with the EIPS First Nations, Métis and Inuit education team. Self-identified First Nations, Métis and Inuit families are invited—all ages are welcome. Dinner will be provided at each gathering. RSVP links will be sent directly to applicable families.

## Upcoming gatherings:

### Thursday, February 16

- 6 p.m. to 8 p.m.
- James Mowat Elementary
- Explore the [Indigenous Peoples Atlas of Canada: Giant Floor Map](#)

### Thursday, April 20

- 6 p.m. to 8 p.m.
- EIPS Central Services
- Art with Métis knowledge holder Connie Kulhavy

### Thursday, June 8

- 6 p.m. to 8 p.m.
- EIPS Central Services
- Land-based learning

## CAREGIVER SERIES: FEBRUARY SESSIONS

Alberta Health Services offers free online programming for parents and caregivers of children and youth. Sessions are offered through Zoom. Upcoming topics include parenting strategies for positive mental health and understanding self-injury. The list of [February 2023 sessions](#) is now available.

## ALBERTA HEALTH SERVICES ADDICTION AND MENTAL HEALTH NEWSLETTER

The February edition of the Alberta Health Services Addiction and Mental Health Newsletter focuses on kindness. [Newsletter](#)

Themes include:

- [What is kindness?](#)
- [Kindness is teachable and contagious](#)
- [Self-kindness](#)
- [Tips to help your family nurture kindness](#)

# Strathcona County Information

## CHOOSE KIND MONTH

February is Choose Kind month. This month Strathcona County recognizes Safer Internet Day, Random Acts of Kindness Day and Pink Shirt Day. In celebration, Strathcona County invites you to spread kindness throughout the community. You can't always choose what life throws your way, but you can choose to be kind, to yourself and others. Check out how you can get involved:

- Sign up for a FREE Family Fun Night at the Child and Youth Community Centre on February 24 from 5:30 p.m. to 7 p.m.
- Enter to win an exciting prize! Contest runs from Feb. 6 to 21

Visit <http://ow.ly/4b1150MG2Ok> for tickets, contest details and how you can choose kind!

## FAMILY FUN DAY FEBRUARY 20

This Family Day, February 20, visit Strathcona County recreation facilities, where 100 per cent of admission fees will be invested into the [Everybody gets to play™ program](#). This program helps families with limited income access recreation in Strathcona County.

Visit our [drop-in recreation calendar](#) to view the schedule for each facility.

## FESTIVAL PLACE - A DINOSAUR TALE

A Dinosaur Tale is coming to [Festival Place](#) Feb 10! Grab your tix before they become extinct like their dino pals. <https://tickets.festivalplace.ca/TheatreManager/1/online...>

## OUTDOOR SKATING

Strathcona County features dozens of high quality ice surfaces for you to enjoy throughout the winter months. Our outdoor rink season usually operates from December to March (weather-dependent), and many ice surfaces include boards, lights and even skating pathways.

Find an outdoor rink near you <https://www.strathcona.ca/rec.../activities/outdoor-skating/>

## WINTER ACTIVITIES SCAVENGER HUNT

Winter is here! Maybe there's snow where you live, maybe not. No problem! This [winter activities scavenger hunt](#) is a fun way for children to explore winter changes and practice fundamental movement skills along the way. In this article, you'll find a [free printable winter scavenger hunt](#) along with a detailed description of each activity to help your child get a head start on their physical literacy skills this winter.