



February 3, 2023



WESTBORO ELEMENTARY

Weekly Newsletter

IMPORTANT UPCOMING DATES

February 9 and 10: Teacher's Convention -No school for students

FEBRUARY HOT LUNCH

Online ordering for February Hot Lunch is now open!!

We are excited to offer Purple Perogy on **Friday, February 24!!** Ordering for this menu runs from Tuesday, January 31 till Friday, February 10!!

No late orders will be accepted.

When entering your hot lunch orders, enter ALL your children's orders for ALL of the lunch order dates. Once you have entered ALL the hot lunch orders for ALL of your children then make ONE payment.

We will only be accepting e-transfer to the following email address: westboropg2022@gmail.com

When submitting your payment, you will need to generate a question with an answer in order for us to accept your payment.

PLEASE USE THE FOLLOWING QUESTION AND ANSWER FOR ALL E-TRANSFERS...

WHO IS OUR SCHOOL MASCOT?

ANSWER - Webster

Please document the student(s) name in your etransfer (example - memo line, notes, etc...). Please ensure you submit your payment by the closing date for that month's ordering so that lunch orders can be processed on time. If not received, the orders will be deleted.

All unpaid orders will be cancelled!!!

Don't forget to select..."able to assist as a volunteer on this hot lunch day" if you are interested in volunteering. Volunteers will receive a \$1.00 credit towards future Hot Lunch purchases. Thank you for your support!!!

Please go to <http://westboro.hotlunches.net> to place your orders. If you have any questions email us at westborohotlunch@gmail.com. Or contact Allison Usher at (780)907-1130.

WESTBORO SCHOOL FEE PARENT SURVEY 2023/24

We are seeking your input into our school fees for next year. Please click on the link below to participate in the survey. [Please fill out the survey here.](#)

LOGOS RETURNING STUDENT AND KINDERGARTEN REGISTRATION

As you're aware, the Elk Island Public Schools (EIPS) [returning student registration](#) and [kindergarten registration processes](#) for the 2023–24 school year opened on **Feb. 1, 2023**.

If you'd like your child to continue in the Logos Program next year—or if you have a new student starting school next year who you'd like to register in the Logos Program—be sure to select the Logos school you'd like them to attend when you complete the applicable new or returning student registration form.

It's important the Division has the best sense of expected numbers for the coming year so the Board can make an informed decision about the future of the Logos program based on these numbers. As such, it's important for families to choose the Logos Program during the applicable registration process—if that's your first choice—rather than picking a different school or program because you're unsure what will happen.

If Logos Program registrations increase significantly, administration will recommend the Board keep the elementary program unchanged at both Brentwood Elementary and Westboro Elementary. If registrations stay relatively flat, administration will recommend the Board consolidate the elementary program at Brentwood Elementary, starting in 2023–24. **If this happens, you'll have an opportunity to confirm or change the school and program you want your child to attend for the upcoming school year.**

To provide administration and the Board with the best information possible:

- It's important all current Logos families complete their Returning Student Registration forms by **Feb. 28, 2023**.
- If you have new students starting school next year and wish to register them in the Logos Program—or if you know other new families in the community interested in the Logos Program—the Division recommends completing the applicable New Student Registration form by **Feb. 28, 2023**, as well. This will ensure the number of new registrations received by that time can also be considered as part of the Board's decision in March.

More information is available in the [Logos Christian Program Frequently Asked Questions](#). If you have any questions about new or returning student registration, contact your child's school directly.

Sincerely,
Elk Island Public Schools

EIPS PROGRAM HIGHLIGHT: LOGOS

As a provider of choice in education, Elk Island Public Schools (EIPS) consistently delivers a broad range of programming options for students of varied backgrounds and interests. From specialized languages and faith-based programs to advanced academic opportunities and competitive sports, students within the Division have the chance to push past their limits and find meaningful ways to contribute to and grow their communities.

One program that places a strong value on service is the Division's Logos Christian program—offered from kindergarten through Grade 9. The Logos program follows the Alberta curriculum and provides instruction in an uplifting environment, grounded in Christian principles. Following the Bible and the Apostles' Creed, students focus on loving God and one another, committing to Christ's teachings and taking accountability for their personal actions.

"The Logos program is deeply valuable for discovering who you are, both within and outside of the classroom," says Jessica Wood, an alumna of Logos. "It's such a gift to learn about your interests, passions and personality while growing in a deeper understanding of your value in Christ. The different parts of who you are all come together to create a unique identity."

The program includes devotions, a time for students to glorify God and grow spiritually in the Christian faith. Homeroom classes begin with prayer, and other devotional activities may include viewing Christian multimedia, reading scripture and participating in opportunities to serve others. Chapel prayers may also include musical or theatrical presentations.

"Our family's been part of the Logos program for eight years now," says Colleen Chorney, a parent of students currently in Logos. "The teachers are amazing—they're approachable, caring and transparent, willing to help with any questions they can. My children learn what faith means every day in a school they love alongside their treasured peers."

Students can currently enter the Logos program in kindergarten to Grade 6 at Brentwood Elementary or Westboro Elementary in Sherwood Park. The program continues at Sherwood Heights Junior High from grades 7-9. After Grade 9, students who wish to continue learning in a Christian context may consider applying at Strathcona Christian Academy Secondary.

"My children attended Logos years ago," says Yolande Tkachyk, a parent of students who were in the program. "They were taught how to deepen their lens of the world through a biblical scope. The faithful tenets we were teaching at home—Christian principles, devotions and holidays—were being taught at school too." New and returning students may apply to the Logos program during the 2023-24 registration process beginning February 1.

"By having a foundation of who you are, you're better equipped to live with confidence in school, in faith and in life," says Wood.

RELATED INFORMATION:

[Elk Island Logos Society](#)

[EIPS Christian Programs](#)

FIRST NATIONS, MÉTIS AND INUIT FAMILY GATHERINGS

The First Nations, Métis and Inuit education team has planned a series of in-person gatherings for families of self-identified First Nations, Métis and Inuit students who are curious to learn more about the supports offered throughout EIPS. It's an opportunity for First Nations, Métis and Inuit families to gather together and engage in conversation in partnership with the EIPS First Nations, Métis and Inuit education team. Self-identified First Nations, Métis and Inuit families are invited—all ages are welcome. Dinner will be provided at each gathering. RSVP links will be sent directly to applicable families.

Upcoming gatherings:

- Thursday, February 16
 - 6 p.m. to 8 p.m.
 - James Mowat Elementary
 - Explore the [Indigenous Peoples Atlas of Canada: Giant Floor Map](#)
-
- Thursday, April 20
 - 6 p.m. to 8 p.m.
 - EIPS Central Services
 - Art with Métis knowledge holder Connie Kulhavy
-
- Thursday, June 8
 - 6 p.m. to 8 p.m.
 - EIPS Central Services
 - Land-based learning

CAREGIVER SERIES: FEBRUARY SESSIONS

Alberta Health Services offers free online programming for parents and caregivers of children and youth. Sessions are offered through Zoom. Upcoming topics include parenting strategies for positive mental health and understanding self-injury. The list of [February 2023 sessions](#) is now available.

ALBERTA HEALTH SERVICES ADDICTION AND MENTAL HEALTH NEWSLETTER

The February edition of the Alberta Health Services Addiction and Mental Health Newsletter focuses on kindness. [Newsletter](#)

Themes include:

- [What is kindness?](#)
- [Kindness is teachable and contagious](#)
- [Self-kindness](#)
- [Tips to help your family nurture kindness](#)

AMH CAREGIVER EDUCATION FEBRUARY 2023 NEWSLETTER

AMH Education Services, Edmonton Zone, is proud to offer free addiction and mental health virtual programming for parents and caregivers of children and youth, as well as sessions for all adults.

If you want to learn more about how to support a child or youth, or if you want additional strategies for supporting your own wellness, you are welcome to register for these sessions.

- **Caregiver Education Sessions**

These online sessions are intended to provide parents, caregivers, teachers, and community members with introductory information regarding mental health challenges that can affect children and youth. Upcoming sessions topics include parenting strategies that promote positive mental health, technology and the teenage brain, and understanding self-injury.

- **Adult Education Sessions (New!)**

In January, we are offering the final session of our series about understanding anxiety – overcoming avoidance, as well as resiliency through caring, connecting, and coping. These sessions are for any adult wanting to support their own wellness, or the wellness of someone they live or work with.

To register for a session, visit: <https://www.cyfcaregivereducation.ca/virtual-education>

Visit our website for tip sheets, videos, and more! www.cyfcaregivereducation.ca

ADDICTION AND SUBSTANCE USE SEMINAR

FOR INFORMATION ON COMMON SUBSTANCES
USED, EFFECTS, PREVENTATIVE MEASURES AND
AVAILABLE PROGRAMS FOR ADDICTIONS



JOIN LYNDSEY RUSNAK, SUBSTANCE USE
THERAPIST - ACTA #1555 VIRTUALLY OR IN
PERSON AT:
ARCHBISHOP JORDAN HIGH SCHOOL LIBRARY,
4001 EMERALD DR, SHERWOOD PARK, AB
ON: FEBRUARY 8, 6PM TO 7PM
GOOGLE MEET LINK:
[MEET.GOOGLE.COM/ZQR-OTTP-WCO](https://meet.google.com/ZQR-OTTP-WCO)



Free

Newcomer Mornings

Come to one or come to both!

Conversation Circle • 9:30 a.m. to 10:30 a.m.

Hosted by CALLS. Practice your English for free.

Newcomer Connector • 10:30 a.m. to 11:30 a.m.

Hosted by Family Resource Network. Connect with other newcomers and learn about resources in your community.

FOR: All ages are welcome

COST: Free. No registration needed

WHEN: Every Thursday morning

WHERE: Strathcona County Library, Maple Room



Community Adult
Learning & Literacy Society
Fort Saskatchewan & Strathcona County

Call **780-464-4044** or visit strathcona.ca/newcomer
for more information.



Strathcona County Information

CHOOSE KIND MONTH

February is Choose Kind month. This month Strathcona County recognizes Safer Internet Day, Random Acts of Kindness Day and Pink Shirt Day. In celebration, Strathcona County invites you to spread kindness throughout the community. You can't always choose what life throws your way, but you can choose to be kind, to yourself and others. Check out how you can get involved:

- Sign up for a FREE Family Fun Night at the Child and Youth Community Centre on February 24 from 5:30 p.m. to 7 p.m.
- Enter to win an exciting prize! Contest runs from Feb. 6 to 21

Visit <http://ow.ly/4b1150MG2Ok> for tickets, contest details and how you can choose kind!

2023 SPECIAL OLYMPICS ALBERTA WINTER GAMES

From February 24-26, 2023, Strathcona County is honoured to host the 2023 Special Olympics Alberta Winter Games. Over 1,200 athletes, staff and volunteers from across the province will come together for a weekend of competitive sporting events and fun. More information [here](#).

FEBRUARY ACTIVE PASS E-NEWSLETTER

For February's edition of the Active Pass e-newsletter, we're zeroing in on some fun things youth and teenagers can do in our recreation facilities. Grab a hot chocolate and sit back while we take you for a digital tour of our youth lounges and other popular activities for teens.

[February Active Pass E-Newsletter](#)

TRIPLE P TEEN, RUDENESS AND DISRESPECT

As a teenager's transition from childhood to adulthood happens, parents and teenagers may not see eye to eye. Sometimes this behavior is labelled as "rudeness" or "disrespect" and may lead to conflict and upset feelings. Join us for an online discussion with other parents experiencing similar challenges. We will provide you with suggestions on how to manage this behavior and develop a positive relationship with your teenager.

February 7th at 6:30 to 8 pm, Virtual

[Register at https://www.strathcona.ca/.../family-resource-network/](https://www.strathcona.ca/.../family-resource-network/)

MOONGARDEN

We're over the moon excited to announce the world-traveling public art exhibit: **moonGARDEN**

February 17 - March 3 <https://www.strathcona.ca/.../arts-and.../public-art/...>

moonGARDEN is toured by [Wireframe](#) and created by [Lucion](#); a collective of visual artists, urban designers, interactive developers, storytellers and musicians. The installation is sponsored by our 2023 Special Olympics Alberta Winter Games Cultural Experience Sponsor,

[Goodwill Industries of Alberta](#).