Family & Community Services
Free Summer 2022 Programs At-A-Glance



Early Years Programs

Early Years (Parented)	July 4 to 8	July 11 to 15	July 18 to 22	July 25 to 29	August 1 to 5	August 8 to 12	August 15 to 19	August 22 to 26
Baby & Me (Ages 0 to 18 months)	Wednesday, July 6 1 p.m. to 2 p.m. Sherwood Park	Wednesday, July 13 1 p.m. to 2 p.m. Sherwood Park	Wednesday, July 20 1 p.m. to 2 p.m. Sherwood Park	Wednesday, July 27 1 p.m. to 2 p.m. Sherwood Park				
Camp Slumberkins Under the Sea (For children ages 5 to 6)	July 4 to 8 9:30 a.m. to 10 a.m. Online						August 15 to 19 9 a.m. to 9:30 a.m. Sherwood Park	
Kimochis Start School (For children entering Kindergarten)		July 11 to 14 9 a.m. to 10 a.m. Ardrossan	July 18 to 21 9 a.m. to 10 a.m. Sherwood Park		August 2 to 5 9 a.m. to 10 a.m. Sherwood Park			August 22 to 25 5 p.m. to 6 p.m. Sherwood Park

Grades 1 - 3

	July 4 to 8	July 11 to 15	July 18 to 22	July 25 to 29	August 1 to 5	August 8 to 12	August 15 to 19	August 22 to 26
Regulation Station (Half-Day)	July 4 to 7 1 p.m. to 4 p.m. Sherwood Park						August 15 to 18 1 p.m. to 4 p.m. Sherwood Park	
Spark of Nature (Half-Day)		July 11 to 14 1 p.m. to 4 p.m. Ardrossan						
Confident Kids								August 22 to 25 1:30 p.m. to 2:30 p.m. Sherwood Park
Mindful Minds (Online)		July 11 to 14 9 a.m. to 9:30 a.m. Online		July 25 to 28 5 p.m. to 5:30 p.m. Online				

Family & Community Services
Free Summer 2022 Programs At-A-Glance



Grades 4 - 6

	July 4 to 8	July 11 to 15	July 18 to 22	July 25 to 29	August 1 to 5	August 8 to 12	August 15 to 19	August 22 to 26
Expressing Me (Half-Day)			July 18 to 21 1 p.m. to 4 p.m. Sherwood Park				August 15 to 18 1 p.m. to 4 p.m. Sherwood Park	
Exploring Me (Half-Day)					August 2 to 5 1 p.m. to 4 p.m. Sherwood Park	August 8 to 11 1 p.m. to 4 p.m. Ardrossan		
Expressing Me (Full-Day)	July 4 to 7 9 a.m. to 4 p.m. Sherwood Park		July 18 to 21 9 a.m. to 4 p.m. Ardrossan	July 25 to 28 9 a.m. to 4 p.m. South Cooking Lake				
Exploring Me (Full-Day)					August 2 to 5 9 a.m. to 4 p.m. Ardrossan	August 8 to 11 9 a.m. to 4 p.m. Sherwood Park		
HealthyMe		July 11 to 14 1 p.m. to 3 p.m. Sherwood Park		July 25 to 27 10 a.m. to 12 p.m. Sherwood Park		August 8 to 10 10 a.m. to 12 p.m. Ardrossan	August 15 to 17 10 a.m. to 12 p.m. Sherwood Park	August 22 to 25 6:30 p.m. to 8:30 p.m. Sherwood Park



Are you in Grade 7 to 9?
Looking for something to do?

strathcona.ca/youthconnect



Looking for programs to support your children and teens?

strathcona.ca/parentsupport

To learn more visit:
strathcona.ca/summeropportunities

Alberta Provincial Family Resource Networks

Alberta Health Services Mental Health Capacity Building

STRATHCONA COUNTY