



April 16, 2021



WESTBORO ELEMENTARY

Weekly Newsletter

IMPORTANT UPCOMING DATES

April 22: Earth Day

KEEPING THEM SAFE WHILE HELPING THEM GROW: SUPPORTING CHILDREN'S EMOTIONAL GROWTH IN CHALLENGING TIMES.

Knowing when and how to support our children at school is never easy. The dangers presented by a pandemic only add to the challenge of balancing the need to protect our children, on the one hand, while continuing to support their emotional growth, on the other. This workshop offers clear and helpful guidelines to help parents navigate these challenges while maintaining close, supportive relationships with their children.

The workshop asks whether we are doing our kids a disservice by removing obstacles and doing our best to eradicate all stress and anxiety from their lives.

Wednesday, April 21, 7:00 p.m. to 8:30 p.m.

[Join the session](#) (via Microsoft Teams)

During the evening, Dr. Alex Russell will offer a fresh perspective on raising self-reliant, motivated children, ready to take on the world. This session will give parents the tools to:

- Understand parent-child dynamics
- Resist the pressure to over-parent
- Build trusting relationships with teachers and school administration so they can play an effective role in your child's life
- Understand problems such as ADHD, anxiety, and substance abuse
- Embrace failing as learning, not parental incompetence
- Enact common-sense strategies for parents worn out from worrying about their kids and their future.

HAVE YOUR SAY! THE 2021 EIPS PARENT SURVEY IS NOW OPEN

Elk Island Public Schools (EIPS) wants to hear from you. Make sure to complete the 2021 EIPS Parent Survey—open from **April 6 - 20**.

Annually, EIPS conducts a parent survey to gauge its progress toward meeting the goals and priorities outlined in its [Four-Year Education Plan](#). Families are asked a series of questions about their experiences with EIPS and the school their child attends, the overall performance of the Division, the quality of education being provided to students and areas for improvement. The survey feedback helps the Division develop new strategies to better serve students and the wider community.

Plus, new this year, the survey includes a Part B, featuring questions about the Division's priorities, goals and outcomes. As you know, in Fall 2021, EIPS welcomes a new locally elected Board of Trustees. Your feedback will help the incoming Board develop a new EIPS Four-Year Education Plan—one that's responsive to student and community needs and focused on continuous improvement.

[TAKE THE SURVEY NOW!](#) Survey closes April 20, 2021.

NOTE: The survey is anonymous and doesn't take long to complete. If you want to share the experience of more than one child attending an EIPS school, simply complete the survey again.

ELK ISLAND LOGOS CHRISTIAN PROGRAM

The Logos Christian Program is an alternative program for students in Kindergarten to Grade 9, within a regular school setting. Students in the Logos Christian Program are taught Language Arts, Mathematics, Social Studies, Science and Health and Life Skills from a Christian perspective by Christian teachers.

Click [here](#) to watch the video, "What is Logos?"

You can also visit <https://www.elkislandlogos.ca/> or <https://www.westboroelementary.ca/logos/logos-programs>



Strathcona County Information

COVID-19 UPDATE

The Government of Alberta announced the province is [moving back to Step 1 restrictions](#), effective April 7, 2021. The province is [rolling out their vaccination program to eligible Albertans](#).

FAMILY AND COMMUNITY SERVICES

The COVID-19 pandemic has caused stress, hardships, and pressure for Strathcona County residents in ways some may have never experienced before. Trying to balance everything can feel overwhelming. Strathcona County Family and Community Services is here to help you through these challenging times. If you need support with finances, parenting, family violence, are a senior or know a senior who is feeling alone and overwhelmed, or just need to talk, call us at **780-464-4044**.

THE OWL PROWL

The Owl Prowl is a family favourite at the Strathcona Wilderness Centre. Register today for this presentation and trail walk where you'll call for great horned and saw-whet owls.

There are two dates to choose from:

Friday, April 16 from 7 p.m. to 10 p.m.

Friday, April 23 from 7 p.m. to 10 p.m.

Register online here: <https://reconline.strathcona.ca/.../browse/SEARCHX905...>

This program has been created to meet all provincial guidelines in place to help stop the spread of COVID-19 in our community.

YOUTH PROGRAMS

We've added two new, in-person youth programs, starting April 21. Register today!

Yoga for Youth (8 to 12 years)

Wednesdays from 5:45 p.m. to 6:30 p.m.

Millennium Place

Register here: <https://reconline.strathcona.ca/.../browse/SEARCHX913...>

Badminton - Learning to Train (9 to 12 years)

Wednesdays from 6 p.m. to 7 p.m.

Millennium Place

Register here: <https://reconline.strathcona.ca/.../browse/SEARCHX913...>

All programs have been created to meet the current provincial guidelines in place to help stop the spread of COVID-19 in our community.