



April 9, 2021



# WESTBORO ELEMENTARY

## Weekly Newsletter

### IMPORTANT UPCOMING DATES

**April 14:** School Council Meeting at 6:30 p.m. A link to the meeting will be emailed out prior to the meeting. For more information please email [westboroparents@gmail.com](mailto:westboroparents@gmail.com)

**April 15:** Panago Pizza Fundraiser Night

**April 16:** Future Day

### CAREGIVER EDUCATION SESSIONS: APRIL

Alberta Health Services, in collaboration with The Mental Health Foundation, is proud to offer free online programming for parents and caregivers of children and youth. Upcoming Caregiver Education Sessions, Lunch & Learn Webinars and SEEDS Drop-In Groups are outlined in the [April Caregiver Education Team Newsletter](#).

### SCHOOL COUNCIL MEETING

Please see the agenda for the upcoming School Council meeting.

[Westboro School Council Agenda April 14, 2021](#)

Please see the meeting minutes from the School Council meeting held on March 17, 2021.

[Westboro School Council Meeting Minutes March 17, 2021](#)

### FUTURE DAY

Show your school spirit on **Friday, April 16, 2021!** Students are encouraged to dress up in whatever they want to be when they grow up!

# Save the date.

Thursday, April 15<sup>th</sup>



## Pizza Night with Panago Pizza and Westboro School

On Thursday, April 15<sup>th</sup> your Parent Council will be partnering with our local Wye Road Panago Pizza location to offer our families a great deal and raise money for our school.

When you order from the Wye Road Panago Pizza on April 15<sup>th</sup>, you will receive 15% off any regular priced menu items using the promo code PANA15. Panago will then donate 15% of these net orders back to our school!

Let's all come together and make April 15<sup>th</sup> a pizza night that pays back! We thank you in advance and look forward to a successful fundraising event.

Order online at [www.panago.com](http://www.panago.com)

Call 310-0001 to place your order over the phone.

Order in person at the Wye Road Panago Pizza location:  
#23, 99 Wye Road, Sherwood Park, AB



\*Please note – this fundraising offer and discount is only available on the date listed above at the Panago location listed above. Not available with other offers.

# Keeping Them Safe While Helping Them Grow:

Supporting children's emotional growth in challenging times



PRESENTED BY  
**Dr. Alex Russell**  
Registered Psychologist and Author  
and SCA Secondary



**When:** April 21 at 7:00–8:30 p.m.

**Where:** Virtually via Microsoft Teams Live Event: <https://bit.ly/3vfw0Ed>

**Keeping them Safe while Helping them Grow:** Supporting children's emotional growth in challenging times.

Knowing when and how to support our children at school is never easy. The dangers presented by a pandemic only add to the challenge of balancing the need to protect our children, on the one hand, while continuing to support their emotional growth on the other. This workshop offers clear and helpful guidelines to help parents navigate these challenges while maintaining close, supportive relationships with their children.

The workshop asks whether we are doing our kids a disservice by removing obstacles and doing our best to eradicate all stress and anxiety from their lives?

During the evening, Dr. Russell will offer a fresh perspective on raising self-reliant, motivated children, ready to take on the world.

**This session will give parents the tools to:**

- Understand parent-child dynamics
- Resist the pressure to over-parent
- Build trusting relationships with teachers and school administration so they can play an effective role in your child's life
- Understand problems such as ADHD, anxiety, and substance abuse
- Embrace failing as learning, not parental incompetence
- Enact common-sense strategies for parents worn out from worrying about their kids and their future

# HAVE YOUR SAY! THE 2021 EIPS PARENT SURVEY IS NOW OPEN

Elk Island Public Schools (EIPS) wants to hear from you. Make sure to complete the 2021 EIPS Parent Survey—open from **April 6 - 20**.

Annually, EIPS conducts a parent survey to gauge its progress toward meeting the goals and priorities outlined in its [Four-Year Education Plan](#). Families are asked a series of questions about their experiences with EIPS and the school their child attends, the overall performance of the Division, the quality of education being provided to students and areas for improvement. The survey feedback helps the Division develop new strategies to better serve students and the wider community.

Plus, new this year, the survey includes a Part B, featuring questions about the Division's priorities, goals and outcomes. As you know, in Fall 2021, EIPS welcomes a new locally elected Board of Trustees. Your feedback will help the incoming Board develop a new EIPS Four-Year Education Plan—one that's responsive to student and community needs and focused on continuous improvement.

[TAKE THE SURVEY NOW!](#) Survey closes April 20, 2021.

**NOTE:** The survey is anonymous and doesn't take long to complete. If you want to share the experience of more than one child attending an EIPS school, simply complete the survey again.

## ELK ISLAND LOGOS CHRISTIAN PROGRAM

The Logos Christian Program is an alternative program for students in Kindergarten to Grade 9, within a regular school setting. Students in the Logos Christian Program are taught Language Arts, Mathematics, Social Studies, Science and Health and Life Skills from a Christian perspective by Christian teachers.

Click [here](#) to watch the video, "What is Logos?"

You can also visit <https://www.elkislandlogos.ca/> or <https://www.westboroelementary.ca/logos/logos-programs>



# Strathcona County Information

## COVID-19 UPDATE

The Government of Alberta announced the province is [moving back to Step 1 restrictions](#), effective April 7, 2021. The province is [rolling out their vaccination program to eligible Albertans](#).

## REGISTERED PROGRAMS UPDATE

We know many of you have questions around what the provincial guidelines announced on April 6 mean for our existing programs. [Here](#) is an update based on the information we have right now.

Once we have confirmation from the province, we will update this notice with more details related to the status of Parent and Tot - Learn to Swim lessons.

All programs running meet the provincial guidelines in place to help stop the spread of COVID-19 in our community.

## TRIPLE P DISCUSSION GROUP: DEALING WITH DISOBEDIENCE

Join us for Triple P: **Dealing with Disobedience, a free program for parents and caregivers of children age 2 to 12.**

This session will provide a tool box of ideas for you to create a plan with your family. You will also be able to discuss common challenges in a supportive group of other parents.

This session will take place on April 26, 2021, 1-3 p.m.

Please go to <https://www.strathcona.ca/.../parents.../parentsupport/> to register.

## SMOKE ALARM SAFETY

Smoke alarms save lives. Make sure you maintain all your smoke alarms.

- Test it monthly.
- Place smoke alarms on the ceiling in every bedroom and on every floor of your home.
- Change batteries twice a year (recommended when you change your clocks) and replace the alarm every 10 years.
- Smoke alarms should be installed on a wall or ceiling only, according to the manufacturer's instructions.

Get more tips and learn more at <https://www.strathcona.ca/.../smoke-alarm-safety-tips/>