

March 4, 2021



WESTBORO ELEMENTARY Weekly Newsletter

IMPORTANT UPCOMING DATES

March 4: Pizza Night with Panago Pizza and Westboro School

March 5: Professional Learning Day - No school for students

March 8-12: Substitute Appreciation Week

March 10: Chapel 1:00 p.m. - Google Meets meeting code: wbochapel

March 12: Wear your WBO Warriors Wear and/or Colours Day

(blue, white and yellow)



SAVE THE DATE: THURSDAY MARCH 4TH 2021

Today, Thursday March 4, 2021, WESTBORO SCHOOL is partnering with our local Panago Pizza at 23–99 Wye Road to offer our families a great deal and raise money for our school!

When you order from Panago Pizza at 23–99 Wye Road this Thursday March 04, 2021, you will receive 15% off any regular priced menu items using the promo code PANA15. The Panago Pizza at 23–99 Wye Road will also donate 15% of the "PANA15" net orders placed on this date by families and friends of WESTBORO SCHOOL back to our school!

ONLINE - PHONE - IN PERSON

15% off any regular menu priced order. Use Promo Code: PANA15

Order online at www.panago.com Or call 310-0001 to place your order over the phone Or order in person at Panago Pizza

**Please note – this discount will only be available at this Panago Pizza location only [23–99 Wye Road] and this offer is not valid with any other promotional offers.

SUBSTITUTE APPRECIATION WEEK

EIPS is celebrating Substitute Appreciation Week March 8–12, 2021. Annually, EIPS officially recognizes the professional service our substitute teachers and non-teaching staff provide throughout the Division each day. We encourage schools, school councils, staff, students, families and community members to take a moment this week to tell your valued teaching and non-teaching substitutes how thankful you are for the exceptional services they bring to our school community. From all of EIPS, thank you for all you do!

CAREGIVER SERIES: MARCH SESSIONS

Alberta Health Services, in collaboration with The Mental Health Foundation, is offering free online programming for parents and caregivers of children and youth. Sessions are offered through Zoom.

Topics include technology, mindfulness, understanding and supporting youth with depression, sleep, anxiety, promoting positive mental health and more. Schools are welcome to share information about the caregiver sessions on school calendars, in school newsletters and through social media. The list of <u>March 2021</u> sessions is now available.

INTRODUCING GARTH PRINCE!

Westboro is excited to welcome Garth Prince to our school for a virtual residency March 16-25. All students will be working with Garth participating in African drumming, dance and musical activities. As a native of Namibia with years of promoting African culture and community building through song, dance and instruments, Garth will actively engage all students in a unique learning opportunity. His goal is to encourage cultural diversity in an environment of work and play that appeals to students of all ages and abilities. Want to have a taste of the type of activity students will be involved in? Try this <u>Drumming and Movement break</u> at home together and have fun! Special thanks goes to the <u>Alberta Foundation for the Arts</u> for helping to support this upcoming residency.

ALBERTA CHAMPIONS' ANNUAL WRITING CONTEST

The 12th annual Alberta Champion story contest (grades 4–6) and essay and poetry contest (grades 7–9) is now underway. Students can write about any past Albertan (posthumous) of their choice whose lifetime accomplishments are an inspiration to the student. The full contest rules and judging rubric are available online, as well as the full list of prizes available to be won. With ties to English Language Arts and Social Studies—stories, histories, peoples of Alberta and citizenship—the contest is suitable for teachers to use as a whole-class activity or as enrichment for specific students. The entry deadline is **April 22**.

SELF IDENTIFIED PARENT MEETING

Sessions will be held online using Microsoft Teams Meetings. Join on your computer or mobile app <u>Click here to join the meeting.</u>

- Second Gathering (virtual): March 9, 2021 (7 8 p.m.)
- Supports offered for First Nations, Métis and Inuit students
 - We thank all families for joining us in our initial gathering and sharing your stories. We were grateful to all who attended for our initial meeting. As we started with words from Elder Wilson and took time to meet each other, we did not get through the full agenda from our first gathering. We will ensure we cover the missed topics and answer your questions in the second gathering. Here is what we hope to share on March 9:
 - EIPS' First Nations, Métis and Inuit team mandate
 - What self-identification is and what it means
 - What supports are in place for self-identified students
 - Time for Q and A

FIRST NATION, MÉTIS AND INUIT PARENT ENGAGEMENT SESSIONS

The First Nations, Métis and Inuit education team has planned a three-part series—Developing Foundational Knowledge of First Nations, Métis and Inuit cultures, histories and contemporary contexts—designed for all EIPS parents and families who are curious to learn about First Nations, Métis and Inuit cultures, perspectives and histories. The sessions are designed as entry points to understanding as we work toward learning our collective truth on the path of reconciliation. Join the session.

Session 3: March 16; 7-7:30 p.m.

• Language of this land: The importance of highlighting Indigenous languages; deepening understanding of relationship to land through language; what exploration of Indigenous languages can look like in schools

Strathcona County Information

CURRENT RESTRICTIONS

The Government of Alberta announced <u>limited changes to their restrictions</u> effective March 1. For more information, click <u>here.</u>

SAFE. SUPPORTED. CONNECTED

The COVID-19 pandemic has caused stress, hardships, and pressure for Strathcona County residents in ways some may have never experienced before. Trying to balance everything can feel overwhelming. Strathcona County Family and Community Services is here to help you through these challenging times. If you need support with finances, parenting, family violence, are a senior or know a senior who is feeling alone and overwhelmed, or just need to talk, call us at **780-464-4044**.

BROADMOOR PUBLIC GOLF COURSE

Weather permitting, cross-country ski trails will remain open for the season until March 15. The snow is sure melting quickly! If trails close earlier, we will provide an update.

https://www.thebroadmoor.ca/xcskiing/

FAMILY & COMMUNITY SERVICES GUIDE FOR

MARCH/APRIL 2021.

Hot off the press! Please click the link to access our Family & Community Services Guide for March/April 2021. Feel free to share! https://www.strathcona.ca/.../parents.../program-guide/

MINDFUL KIDS

Mindful Kids sessions are for parents/caregivers and children grades 1–3. Do you ever feel big emotions like anger, frustration or worry? We all do. Find out what's happening in our bodies when we feel big emotions and learn some fun techniques to calm your body and brain down. A storybook reading and craft will be included in each event.

March 8: 5-5:30pm 'Sometimes I feel angry and frustrated'.

March 15: 5-5:30pm 'Sometimes I feel worried and afraid'.

Register now at https://www.strathcona.ca/.../children-and.../parent-link/